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MAY 24, 2017



SPECTATOR

meet the dogs of union green



KYGO, RUBY AND MORE OF THE
FAMILIAR FURRY FACES ON CAMPUS.
- P. 14

COUNTERFEITING CRISES WITH SU
MODEL UN


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VEGAN POP UP CONVERTS AN EX-
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MEN'S GOLF HITS THE NCAA
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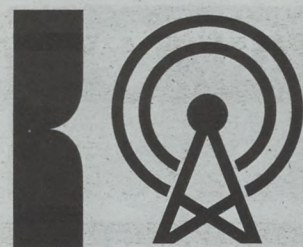
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THE WEEK IN REVIEW

Edited by Erika Silva
Staff Writer

MANCHESTER TERROR ATTACK AT ARIANA GRANDE CONCERT KILLS 22, WOUNDS 59—

On Monday evening, an explosion went off during an Ariana Grande Concert at the Manchester Arena that left 22 dead and 59 wounded. According to reports, a bomb was detonated on a public concourse crowded with concertgoers. On Tuesday, Salman Abedi, a British citizen of Libyan descent, was identified as the bomber. Abedi, who died in the attack, had connections to the Islamic State, which has since claimed responsibility. This is the deadliest terror attack in England since the 2005 train bombings. Many news sources have labeled the attack particularly insidious, considering the majority of the Grande concertgoers were teens and young girls accompanied by parents. Since the attack, Britain's prime minister has raised the terror alert in London to "maximum" and deployed the military to work with police in proactively monitoring potential attacks to follow Monday's atrocities.

COLLEGE STUDENT STABBED TO DEATH IN HATE CRIME DAYS BEFORE GRADUATION—

Sean Christopher Urbanski, a 22-year-old student at the University of Maryland, was charged Sunday with first and second degree murder and first degree assault in the death of Richard Collin III, who was stabbed to death early Saturday morning in what appears to be a hate crime, according to an FBI investigation. Collins, 22, was reportedly waiting at a bus stop with two friends when Urbanski allegedly approached him, traded words, then attacked him with a knife. University of Maryland Police Chief asked the FBI to help with the investigation after it was discovered that Urbanski belonged to a Facebook group called "Alt-Reich: Nation," according to USA Today. Days before the attack, Collins was appointed second lieutenant in the United States Army. He was going to graduate from Bowie State University on Tuesday.

GREECE PARLIAMENT PASSES A 4.9 BILLION EURO DEBT-RELIEF MEASURE—

On Thursday, May 18, the Greek parliament passed a 4.9 billion Euro austerity measure with a 153-128 vote that would cut pension packages and increase the country's taxes. Greece continues with a struggling economy and rising debt that currently stands at around 180 percent of gross domestic product. The cuts could save the country up to 5 billion Euro in order to meet their debt obligations due in July. The measure faces opposition by people such as opposition leader Kyriakos Mitsotakis, composer Mikis Theodorakis, as well as citizens who took to the streets to protest. Eurozone finance ministers will also discuss debt relief at the May 22 Eurogroup meeting.

ROBERT MUELLER APPOINTED SPECIAL COUNSEL TO THE TRUMP INVESTIGATION—

On Wednesday, May 17, former FBI Director Robert S. Mueller was appointed as special counsel to the President Trump campaign and Russian involvement investigation. The Justice Department made the decision after Mr. Trump's dismissal of FBI director James B. Comey, who later stated that Trump asked him to quit his investigation into Trump's former national security adviser, Michael T. Flynn. Comey has now agreed to testify in front of the Senate intelligence committee. Trump reacted by stating he was the victim of a "witch hunt," a claim met with harsh criticism. Mueller has a very clean reputation in politics; the hope is that people will begin to put trust toward whatever the investigation uncovers.

COMEY SPEAKS UP ON UNPROFESSIONAL BEHAVIOR BY TRUMP AND HIS CABINET—

Former FBI Director James B. Comey has come forth after his abrupt dismissal to speak on the inappropriate behavior Trump displayed as he attempted to make Comey a close ally. Trump allegedly called Comey weeks after his inauguration asking when the intelligence agency would publicly state that they were not personally investigating him. This went as a direct violation of proper communication procedures in which Trump should have had the White House counsel send in an information inquiry. At a dinner, Trump told Comey he hoped he would shut down the investigation into Trump's former national security adviser, Michael T. Flynn. Later, Trump denied making the request. All requests and contact were written down by Comey in detailed memos that have now been sent to Congressional investigators.

PRESIDENT TRUMP RECEIVES WARM WELCOME IN SAUDI ARABIA—

President Trump made his first overseas trip on Friday, May 19. His first stop was in Saudi Arabia, where he was welcomed with open arms as he promoted reasserting American support for Sunni Muslim countries and Israel against Iran's Shiite-led government, a complete turn from Obama's Middle East views. Obama sought reconciliation with Iran and negotiated a deal intended to keep Tehran from developing nuclear weapons. Trump arrived in a blaze of glory with a medal of honor and lavish meals. Trump announced a nearly \$110 billion arms deal with Saudi Arabia as evidence of a renewed commitment by the United States to the security of the Persian Gulf region. Critics worry that the weapons will be used to kill civilians in the war in Yemen.

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MAYORAL RACE RAISES QUESTIONS OF STUDENT CIVIC ENGAGEMENT

Nick Turner
News & Managing Editor

"It's important to vote where you live," said Patrick Schoettmer, an instructor in political science at Seattle University. "A lot of students haven't made that connection yet."

In Seattle, we use what's called a "first-past-the-post jungle primary" to elect our mayor. Come November, this system will be tested when Seattle residents cast their vote for its next top executive.

A jungle primary, or a nonpartisan blanket primary, is an election in which all candidates for the same office run against each other all at once, regardless of their respective political parties; "first-past-the-post" means the first candidate to reach a plurality of votes is the winner.

In Seattle though, it should technically be called a "first-two-past-the-post" since only the two candidates with the highest percentage of votes in the jungle primary will move onto the next round. The election would then be decided in a straightforward vote between the final two candidates.

This isn't a common system, according to Schoettmer, and is used mostly by Western states. An alternative option is to have city council members directly elect the mayor, but Schoettmer believes that doing so would move Seattle even further away from a "proportional, representative system."

He went on to explain that there are two significant drawbacks to the first-past-the-post jungle primary, the voting system we currently use in Seattle. The first drawback is that candidates can make it to the second round with low support. Hypothetically speaking, a candidate could move onto the second round with just 15 percent of votes—meaning 85 percent voted against them—simply because there are so many candidates. This leads to the second drawback.

21 people are running for mayor of Seattle. Because we have so many candidates, Schoettmer explained,

people who don't pay attention to politics will have a tough time figuring out what's going on.

"Political junkies love this kind of thing because you can get into the nuance of each candidate," Schoettmer chuckled. He was referring to himself. "Most voters don't engage in politics at that level."

Schoettmer added that with so many candidates, there will be a lot of vanity campaigns that likely won't make headway, but there will also be a handful of serious contenders that rise to the top: Mike McGinn, Nikkita Oliver, Bob Hasegawa, Jessyn Farrell, Jenny Durkan and Cary Moon.

Last Thursday three of these candidates—Farrell, Durkan and Hasegawa—gathered for the second mayoral forum hosted by the 46th District Democrats in Lake City at the Seattle Mennonite Church.

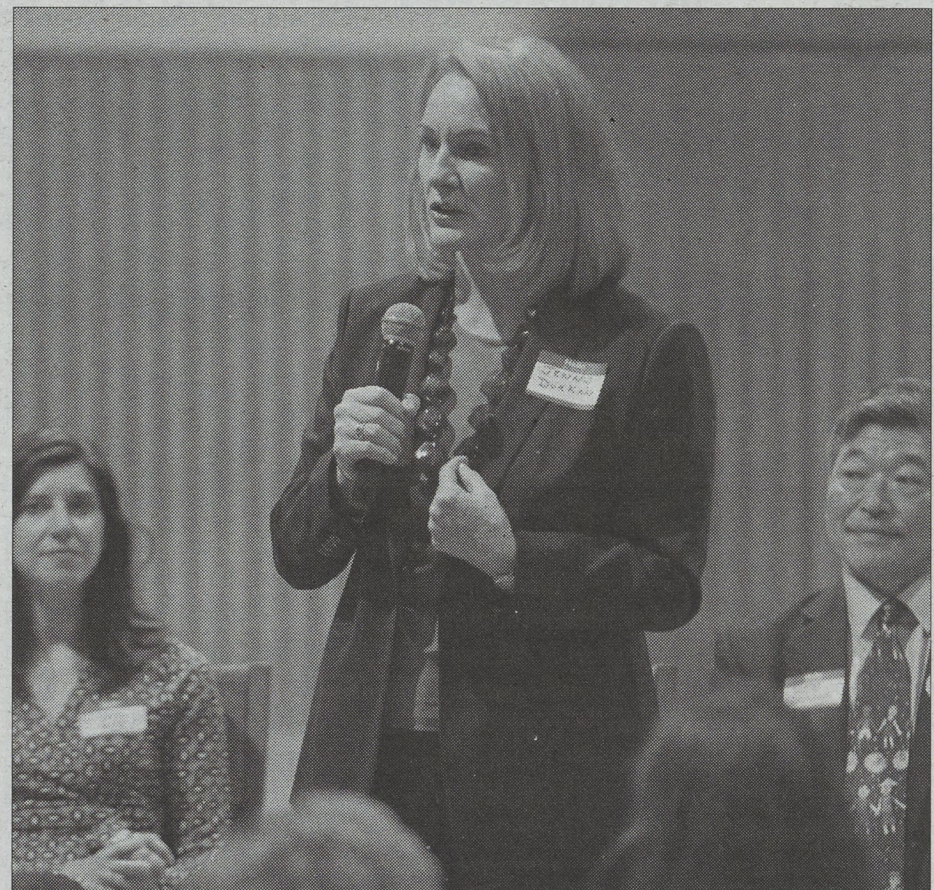
After opening remarks, each candidate was asked three questions, all of which touched on the more significant issues affecting Seattle like homelessness, housing affordability, income inequality, gentrification and growing racial segregation.

Farrell, who represents Seattle's 46th Legislative District in the Washington House of Representatives, presented herself as the candidate in the race that has "delivered on transportation and land use and affordability."

She spoke of her role in helping the city pass Sound Transit 2 and 3, transportation bills that allocate huge sums of money into transit expansion in Seattle.

Durkan, a former United States Attorney for the Western District of Washington under former President Barack Obama and Attorney General Eric Holder, took the neighborhood. She spoke of the importance of Seattle's diversity, and how the city's approach to housing affordability, homelessness and other issues will greatly affect not only its demographic spread, but also its reputation for inclusivity.

Hasegawa, a senator for Washington's 11th Legislative District and a delegate for Bernie Sanders during last year's Democratic National Convention,



NICK TURNER • THE SPECTATOR

Three candidates took part in the forum last week. From left to right: Jessyn Farrell, Jenny Durkan and Bob Hasegawa.

focused on finance during his time at the microphone. He repeatedly brought forth the prospect of creating a fiscally responsible, public bank "that he said will provide the financing for all the good things that we need to do with our city."

"I've seen the transformations come through this city. I've felt the pain along with all of you... We have to figure out how to accept the growth that's coming in," Hasegawa said. "We're talking about a structural change in the way government operates."

Schoettmer has partnered with the Institute of Public Service to create a poll to see how students at Seattle University feel about the ongoing race to decide the city's next mayor. Fundraising started two weeks ago. The poll would ask three questions: Who are you backing in the mayoral race? What do you think are the top three issues facing Seattle? Have you used, or do you think you will use, your vouchers?

Schoettmer took on this project

because he feels students are disconnected from local politics. Maybe it's because they're from out of town, he said, or even out of state.

"That's a real tragedy for Seattle University students, because they're going to be living here for at least four years," he said. "A not inconsequential number of them will probably wind up getting a job in the area, making it their home eventually."

Schoettmer explained that a poll would help give us a look at the ground game, tell us where the tension lies and provide Seattle residents with a better image of how the race is going.

"It behooves them to pay attention to what's going on around them," he said. "And to think about getting involved in the politics that will most likely impact their lives on a day-to-day basis."

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GLUTEN-FREE, VEGAN STUDENTS STRUGGLE WITH CAMPUS OPTIONS

Madeline Mesa
Staff Writer

Bon Appetit caters to six different locations on campus, all of which are designed to offer a meal or a snack that's accessible to multiple kinds of dietary needs. For instance, there is always at least one vegan, vegetarian, or gluten-free option available at all these campus dining locations. With a growing student body of over 4,500 students there is also an increasing population of students with specific dietary preferences.

Michaela Abel, senior humanities for teaching major, has Celiac's disease and had to cancel her meal plan during her sophomore year due to a lack of gluten-free options at Seattle U's main cafeteria, Cherry Street Market.

"It means I'm severely allergic to gluten, it's not just a dietary choice," Abel said. "They definitely had gluten-free options, but they weren't separate from the other ingredients, so it wasn't absolutely gluten-free... They would be cooked on the same surfaces as other [gluten-containing] foods. I would get sick a lot, and then I ended up having to cancel my meal plan."

Abel said she was lucky to have a friend with a kitchen she could use as an alternative to eating on campus.

Jay Payne, the General Manager of Bon Appetit at Seattle U, said circumstances in on-campus kitchens sometimes make it difficult to ensure that food is not cross-contaminated.

"When it comes to gluten, we can't make claims about gluten-free environment based on FDA guidelines. We're going to work really hard to ensure that when somebody comes to us and says that they're Celiac, that we're not going to cross contaminate," Payne said. "But we don't have a dedicated kitchen or a dedicated grill, some of the larger kitchen equipment can't be made perfect for those situations."

Despite what may seem like lackluster attitudes toward cross-contamination in C-Street, the Director of Nutrition and Wellness for Bon Appetit Terri Brownlee said there

is a online mandatory training course for all managers that detail how to deal with issues similar to Abel's.

"There's a whole module dedicated to food allergens and Celiac Disease, there's one dedicated to using the meat without gluten, as well as vegetarian and vegan, and so on. The managers go through that as a baseline, and then there's a refresher course that reviews everything once a year," Brownlee said.

Brownlee also said the company works to help students on an individualized basis.

"When we have the opportunity to talk with students about their individual needs, we always try and establish a plan, but also let them know that this plan is not set in stone, and that we're flexible," Brownlee said. "So if something about the plan is not working, all they have to do is speak up and bring ideas to us. Safety is the number-one priority, but we also want people to feel really happy and satisfied with what they're getting."

Yet Abel said that although Bon Appetit was willing to meet multiple times, their discussions were unproductive.

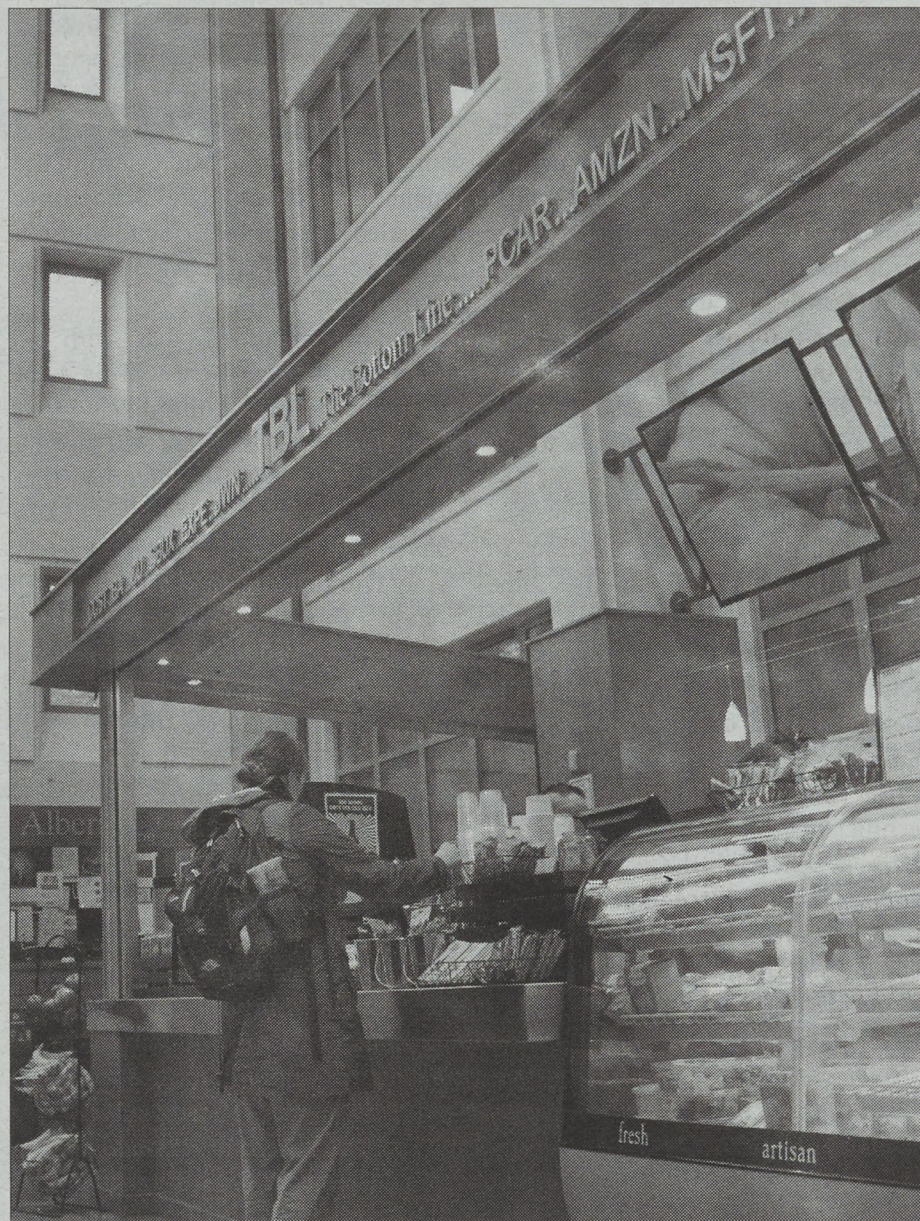
"They would just say that they would do it [gluten-free accommodations], but then when I would actually go there, the employees hadn't been communicated to, so there was no follow up for what I had talked to them about," Abel said. "There was about a good quarter where I was paying for both C-Street and all of my other food that I was not getting at C-street."

Abel said she feels like many campus eateries assume Gluten-free is a personal, dietary decision, rather than a serious allergy.

"A lot of people do have these allergies and sensitivities, so it is more serious than they think," Abel said. "One of my friends was dairy-free, and the Bistro would mislabel things. They would say it was dairy free and it wasn't, and they'd get sick."

Regarding the labeling process, Payne said, "It's not perfect."

C-Street employee and junior social work major Alexis Bogan said the role



KYLE KOTANI • THE SPECTATOR

The Bottom Line is an on-campus dining option located in the Albers Business School.

of ensuring accurate labeling allergens and special dietary foods falls into the responsibilities of the manager.

Regarding the cross-contamination and keeping utensils separate at different stations, Bogan said, "From what I've seen [the chefs] usually keep them pretty separate." Bogan's observations are more relevant to those with plant-based diets.

"I think there's a shortage of vegan and vegetarian options, I think more so for vegan options," Bogan said. "At global or other stations, it's usually a protein option, and then like only one vegetarian option, and sometimes that's not vegan."

Bogan also mentioned how

frequently vegan foods run out.

While there is a dissonance between Bon App and their clientele regarding what dietary restrictions look like, Payne said the company is working hard to make sure students have enough options. "We really depend on communication between people with food restrictions and our management team to find out whether or not that's working for them," Payne said, "it depends heavily on interacting with people to ensure that we're meeting their needs."

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CITY HEARING OPENS LEGAL PATH TO CHALLENGE YOUTH JAIL

Josh Merchant
Staff Writer

As many students sat in the Student Center on Tuesday, May 16 night, eating dinner, studying or chatting with friends, they may have heard occasional cheering, yelling and applause coming from a room behind the dining area. These noises were made by both community members and students engaged in a city hearing regarding the juvenile detention center's renovation in the Central District.

This detention center, located a few blocks south of Campion Hall, is being renovated as part of a \$210 million project, approved by voters in 2012. Many view this project as a necessary reparation of a deteriorating facility. According to The Seattle Times, the current detention center was built in 1952 and was intended to last for 30 years—meaning that it's several-decades overdue for renovation.

Others believe this financial investment will only guarantee the expansion of youth detention in coming years. Those at the hearing were almost entirely unified in their opposition to the youth incarceration center; none of the testimonies argued in favor of the renovation.

At Tuesday's hearing, city council members Mike O'Brien and Kshama Sawant wanted to hear public testimony regarding the youth incarceration center, and they ultimately voted to pass a piece of legislation that would correct a mistake in legislation in 2014. This mistake meant that their land-use decision was not appealable.

The new legislation reframes the decisions necessary to begin renovation of the new youth incarceration center and can now be fought through the court system.

During the public testimony, several community members and students voiced their strong disapproval of the youth jail, on the grounds of racism, mental health and ethics, among many other reasons.

A nurse practitioner named Susan Taylor said during a testimony that

the incarceration center is not the way to promote lower rates of youth incarceration.

"Child incarceration in King County is declining," Taylor said during the hearing. "It is unconscionable that we should celebrate this victory by building a \$210 million temple to racism. So please, please stop this badly misguided venture. It's not too late. Listen to the voices you've already heard speaking today. These youth of color have solutions. They have proposed many incredibly detailed, sophisticated and viable alternatives that we must use this money for."

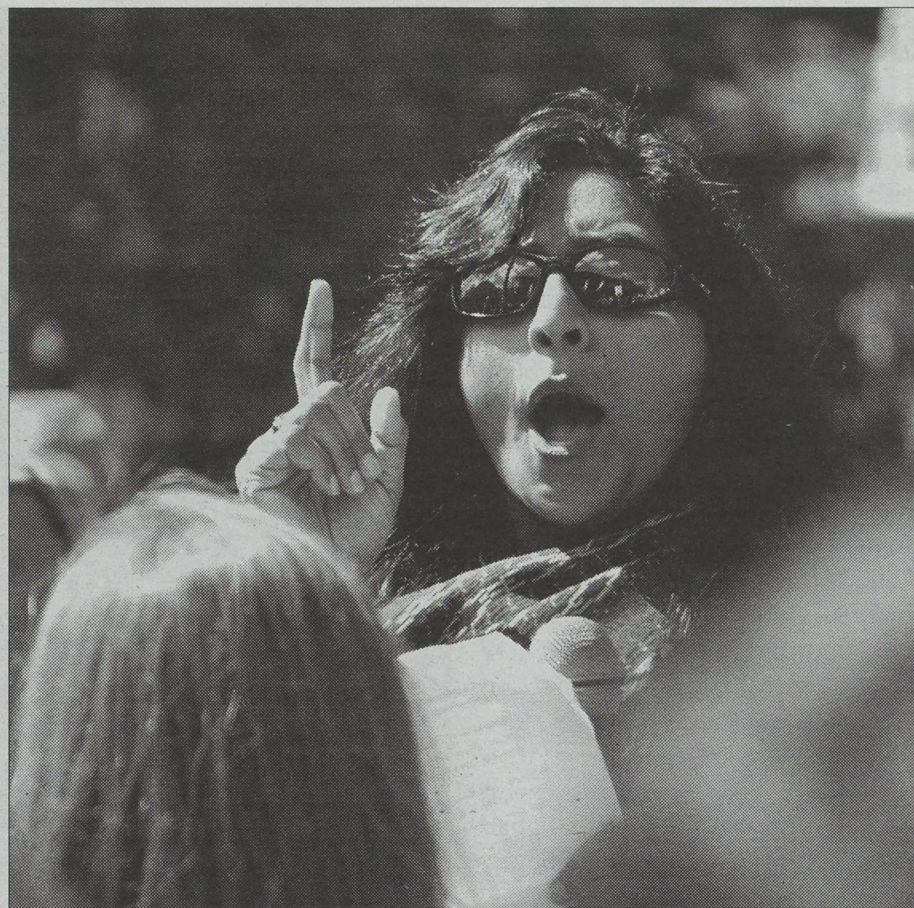
Community organizer Senait Brown said during her public testimony that the fight against the youth jail was not an isolated incident, but a part of a greater systemic problem.

"No New Youth Jail' is not separate from the fact that the Central District has been gentrified—has been gentrified," she said. "It's no different from the displacement fight that's happening on 23rd and Union right now; it's no different than watching developers come in and take land sold off by this youth prison to create condos and student housing; it's no different from SU accepting a contract to work with Howard S. Wright to build a student dorm to support a youth prison. We are talking about the same issue."

Brown is referring to the new construction of the 1107 dorm student housing project behind Xavier, which broke ground this week. Both buildings, according to the websites of Pacific Stair Corporation and King County, are contracted by Howard S. Wright.

Brown added that while the hearing was attempting to amend a city ordinance, it served a primary purpose of strengthening the community and its understanding of oppression.

"I understand that we are here to strengthen an ordinance, but we're here to strengthen organizing, and we're here to get clear about what we're actually fighting," Brown said. "We're fighting a youth jail, but we're also fighting racism and



NICK TURNER • THE SPECTATOR

Councilmember Sawant rallies the crowd at Fast for Justice, a protest for workers' rights Seattle U faculty members joined in spring of 2015.

systemic oppression."

After the public testimony, Councilmember O'Brien offered an apology, both for the mistake in the legislation granting a land permit in 2014, and for his vote in favor of that legislation.

"I want to just apologize to folks in the room that you all have to be here fighting to change a system that should have never been created in the first place," O'Brien he said. "I'm grateful that we have a little opportunity to correct that one mistake, but I don't want to pretend that correcting that one mistake undoes the years of injustice that, to an extent, that I've been a part of, and certainly, I and my family have benefitted from that system, and that's not fair and not right."

After the end of the hearing, Councilmember Sawant said in an interview with the Spectator that it was important for students to call on the Seattle U administration to take a stand.

"This school claims to be based in strong principles of social justice, so the students here I think are correctly calling for their Seattle U administration to take a stand and not be neutral," Sawant said.

She added that, in light of Seattle University blocking adjunct faculty unionization, it's important for students to advocate that the school return to its social justice values.

Finally, Sawant said many students should take part in the rising social movements in Seattle, which have found significant strength in university campuses and with young people.

"I would really urge students here to, in addition to your classes, which is very important, take this on as part of your education, being part of a social struggle," Sawant said.

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SU MODEL UN CLUB TAKES ON ANNUAL SECURITY CONFERENCE

Madeline Mesa
Staff Writer

Seattle University's Model United Nations club dealt with international crises in real-time alongside other Washington universities last weekend for the club's annual Security Conference (SCON) hosted at the University of Washington campus.

Seattle U, Washington State University and UW got the chance to handle simulated international crises, as student-delegates juggled real-world news alongside their Model United Nations' goals and challenges.

"The entire idea of SCON is a crisis conference, so delegations usually come into this in the mindset of 'let's make a crisis,'" said Tyler Lincoln, secretary general of UW's MUN club.

"The conference happens over two days, and every committee session has been about three or four hours. And over those three or four hours, and over the two days, a lot happens over that time span...Hard-work and deliberation between teams takes place across the conference.

Before the conference, each student was assigned a country to represent during the conference, so each MUN club was comprised of 10 students representing three nations: Russia, the United States and Estonia.

Within these teams, delegates collaborated and communicated to diffuse or heighten tensions between territories.

"SCON's fast-paced requires diplomatic, strategic, and out-of-the box thinking, with a wide array of unforeseeable scenarios awaiting delegates," Lincoln wrote on the event's Facebook page. "Delegates take actions through directives to respond quickly and thoughtfully to events as they unfold."

As for why the U.S., Russia and Estonia were the countries selected for this year's SCON, Lincoln said the conference tries to take advantage of what the year has presented in current events.

"We look at what are the major political crises that are going on in



NICK TURNER • THE SPECTATOR

Members of Seattle U's Model United Nations club standing in Red Square at the University of Washington.

the international system right now," Lincoln said. "And we narrow down a list of usually like our top three choices, and say, 'this one looks like it's gonna develop really well, it's going to foster a very climactic scene where delegates can really take off with a real crisis.'"

One of the more unique aspects of SCON is the freedom allowed to student delegates.

"It was striking how little structure there was," said first-time Seattle U MUN participant Josh Merchant, a first-year international studies major. "A security conference is less structured than anything else, and it usually goes in whatever direction you want to take it in."

Although SCON places a lot of power into the hands of individual delegates, Lincoln notes how that doesn't always mean cooperation.

"Sometimes we have delegates that want to find diplomatic solutions, like in your more typical model UN conference, but there has also been a little back-stabbing," Lincoln

said. "Sometimes they create chaos, sometimes they create peace."

For example, Merchant mentioned delegates could create chaos by causing sex scandals, military invasions, or even by choosing to fire the president or ruler of a country. Overall, the purpose of this conference was to allow students to interact with the realities and complexities of foreign affairs.

"At the end of the day, what happened was Russia successfully took over Estonia," Merchant said. "I had never done [MUN's SCON] before this year. I really like international affairs, and international politics, and keeping up with those different things."

Currently, SCON is of smaller scale of some of MUN's other events and conferences, since it is a relatively new competition.

"Thankfully we've had strong interest and growing interest over the last few years, we hope to see it continue," Lincoln said.

SCON is for the student who maybe is new to MUN, but wants to wrestle

with the realities of foreign affairs. "It's sort of that fun roleplaying, self-directed story you could take wherever you want," Merchant said.

For more information about getting involved in the MUN or their next conference, the clubs contact information can be found on their Facebook page: <https://www.facebook.com/SeattleUMUN/>.

Josh Merchant is a staff writer for the *Spectator*.

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NWANDO ACHEBE SPEAKS AT ANNUAL AFRICA DAY CELEBRATION

Bailee Clark
Staff Writer

"We have been at the forefront of Seattle University's social justice mission. Since 2011 when we began this commemoration on our campus, we have welcomed all members of the campus community and folks from the greater Seattle area to our events that have featured first-rate scholars, activists and creative souls of multiple specializations," said Saheed Adejumo, a professor at Seattle University who specializes in history and global African studies.

Adejumo, along with other professors, the African Student Association and various other members of the university community, organized the 10th annual Africa Day celebration last Thursday.

This year, the keynote speaker was Nwando Achebe, a history professor at Michigan State University. She is also the daughter of Chinua Achebe, the well-known author of several books including "Things Fall Apart."

Like her father, Nwando is also an author of several books, including "Female King of Colonial Nigeria."

The title of Nwando Achebe's lecture was "Marital Crises, National Anxieties: Polyandrous, Woman-To-Woman, and Child Marriages in Colonial and Post-Colonial Nigeria."

In her lecture, Achebe talked about traditional marital customs in Nigeria, some of which grant more freedom to those in the marriages and some of which are problematic.

One of the misunderstood marital traditions in Africa is polyandrous marriage and the marriage of two women. Achebe specifically addressed marriages in Nigeria. Traditionally in Nigeria, it is common for men to have multiple wives, or for wives to have multiple husbands.

Also, gender is seen as fluid, and changing of gender identification is normalized. In some traditional marriages, one woman changes her gender to male and acts as the husband in the marriage. Christian colonizers condemned these forms

of marriage, and traditional African marriage forms have been suppressed and attacked by outside forces.

However, Achebe said, there are some troublesome forms of marriage that are still taking place in Nigeria, like child marriage which typically involves an older man marrying a much younger girl. For example, the current Deputy Minority Leader in the Senate of Zamfara State, Nigeria, named Ahmed Sani Yerima recently paid \$100,000 for a 13-year-old child bride.

Achebe is very passionate about the problem of child marriages, and in an interview after the event, she spoke about her hopes to be an activist and an advocate for change.

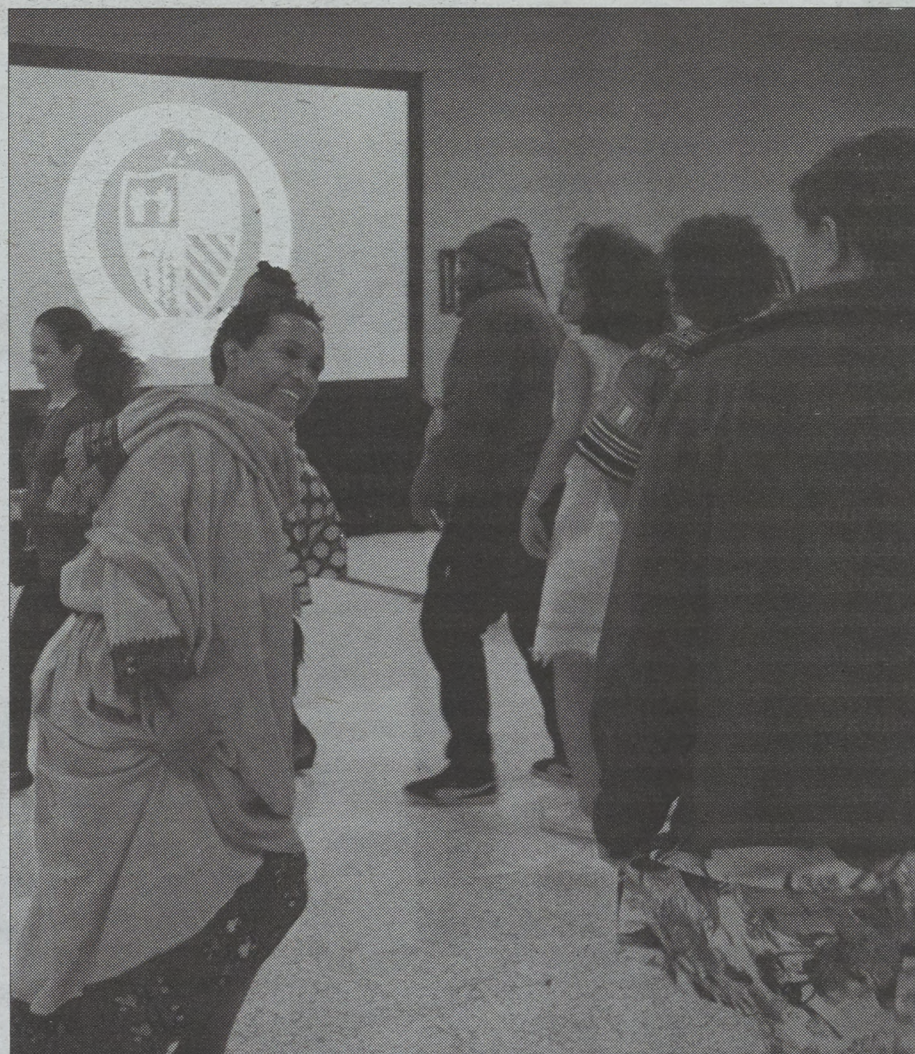
"I try to use whatever voice I do have to speak out against injustices, and that's what I hope I continue to do in this part of my career. When I see bad things happening, I can't just pretend I didn't see them. I want to use my voice for good," Achebe said.

Many students said they learned something new about African marriages following Achebe's lecture, including sophomore Joli Welch.

"I kind of knew about some of the marriage practices in Africa from reading the book 'Things Fall Apart,'" Welch said. "However, I didn't know that gender is seen as fluid and that a woman can become a man in a marriage. I think that it is interesting and nice that gender is seen as fluid, because even though that concept is gaining more acceptance lately, it is still a big issue."

Naimi Sanari performed two poems: "I'm Innocent" and "I Am Tired." The poems gave insight into the discrimination that Muslim women face every day. Sanari delivered the poems in a passionate and touching fashion. Naomi Wachira, an Afro-Folk singer who was born and raised in Kenya, played the guitar and sang several songs.

"I am a storyteller. I believe that when we tell stories, we shed our labels, the labels we put on each other," Wachira said. Some of the songs



ELISE WANG • THE SPECTATOR

Selam Creative teaches volunteers a traditional Ethiopian dance at Seattle U's annual Africa Day.

she performed included "Beautiful Human" and "Anywhere."

Selam Creative, a smiling and energetic presence, got the crowd involved in some traditional Ethiopian dancing. She moved among the tables of people while dancing, and during one song she got a group to stand up with her and join in on a dance that she taught.

The Africa Day celebration sought to instill greater appreciation of African culture, shine a light on the issues that often go unnoticed by most in society and create more productive allies in the community.

As Achebe said in an interview, "If you want to be an ally, you have to listen and truly hear what it is that African people are saying. We are equal partners. It is not one group dictating the way the relationship should be. It is a partnership where we

listen to each other and truly hear each other. We can learn from each other, but it has to be an equal relationship."

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HAPPY B-DAY,



GEMINI!!!

CECI ESTELA • THE SPECTATOR

THE 10

10 WAYS TO NOT DIE DURING DEAD WEEK

- 10 Study
- 9 Take breaks in the sunshine
- 8 Happy Hour
- 7 Pet dogs on the Union Green
- 6 Go for a swim in Lake Washington
- 5 Go to office hours
- 4 Treat yourself to delicious meals
- 3 Keep hydrated
- 2 Take naps in the library
- 1 Politely ask your mom to write your paper

HOROSCOPES



LIBRA
9/23-10/22

Add extra sour cream and butter to your mashed potatoes recipe.



SCORPIO
10/23-11/21

Buy yourself a videogame and take some time to relax.



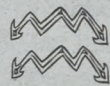
SAGITTARIUS
11/22-12/21

Pet the next dog you see – it will grant you great fortune.



CAPRICORN
12/22-1/20

Be sure to spend all that extra meal money before the quarter ends.



AQUARIUS
1/21-2/19

Buy a big sweater for yourself this break – time to snuggle up and relax.



PISCES
2/20-3/20

All your hard work will soon pay off – a big paycheck is coming your way!



ARIES
3/21-4/20

Keep your strength up for impending finals... eat 10 dinner rolls.



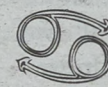
TAURUS
4/21-5/21

You've been busy lately – take an hour or two to watch cartoons.



GEMINI
5/22-6/21

Mail your mom a physical letter – she'd love to hear from you.



CANCER
6/22-7/22

Beanies are the perfect fall look – and better for hiding unwashed hair.



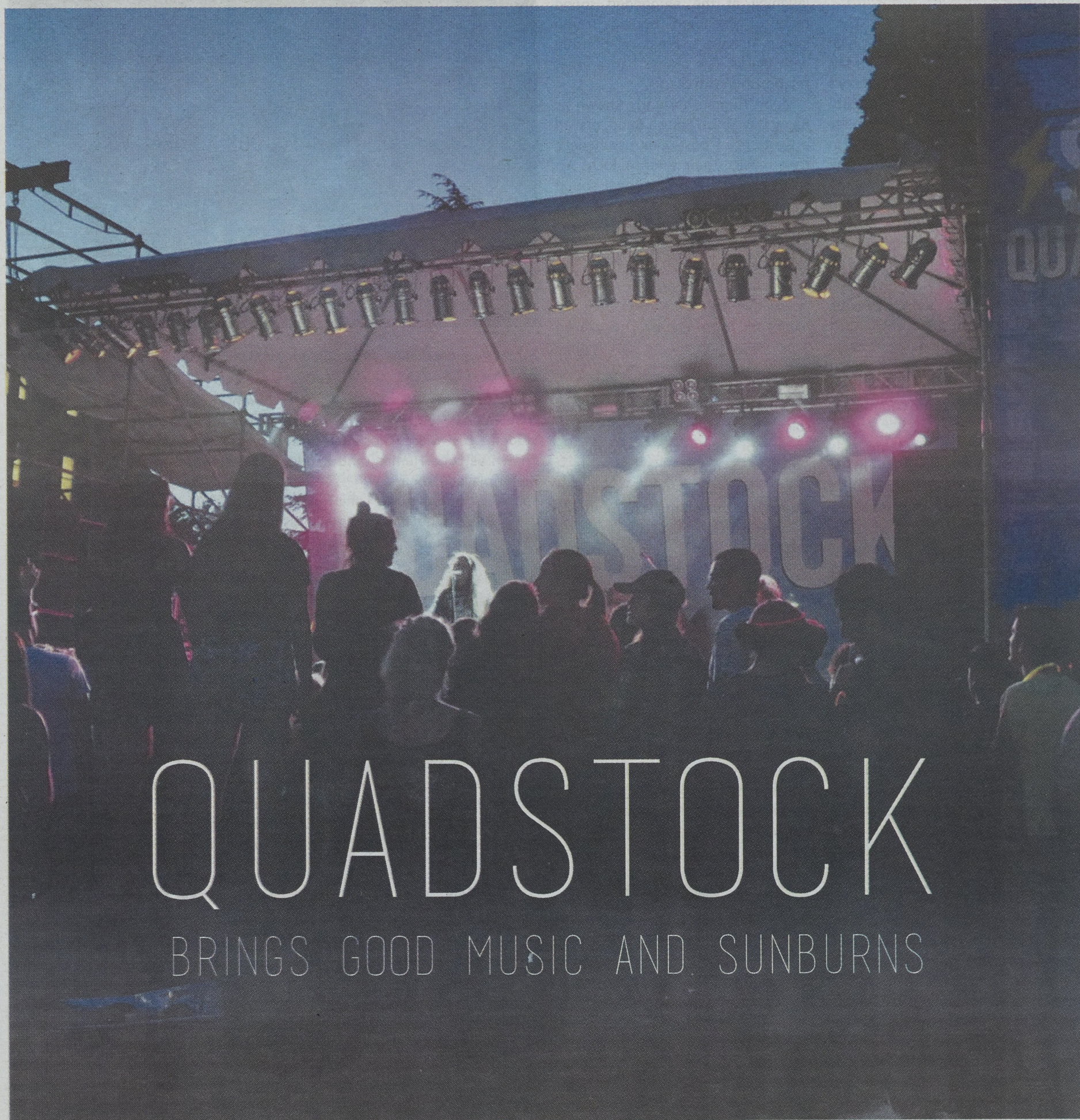
LEO
7/23-8/22

Your karaoke skills will shine at the Karaoke For The Kids event.



VIRGO
8/23-9/22

It's time to dye your hair a wacky color!



QUADSTOCK

BRINGS GOOD MUSIC AND SUNBURNS

QUADSTOCK RECAP: GOOD TUNES IN THE SUN

Haley Witt
Staff Writer

Temperatures climbed to a high of 71 degrees this past Saturday, just in time for Seattle University's annual Quadstock concert. The 28th annual Quadstock was a time for students to dance, sing and bask in the precious Seattle sunlight. The absence of clouds caught some students unprepared, leaving them with stinging pink sunburns.

The warm day kicked off at noon on the Union Green, curated by KXSU 102.1 FM, Seattle University's student-run radio station. Students sprawled out on the grass, challenged their friends to the inflatable obstacle course, and milled around the promotion tables set up by Seattle U student organizations and community sponsors.

The Redzone activity table was popular among attendees, and many students took part in decorating and designing their own personalized Redzone mesh hat.

The Union Green stage opened with Seattle U student Rick Reyes and his band, Community Father. It was their very first performance together as a band, and the sound stayed true to Reyes' jazzy singer-songwriter roots.

"It was so cool to spend my first show in a long time as a band with some super nice weather and a group of supportive people," Reyes said. "The vibe was super nice."

Local R&B artist Falon Sierra had students moving and dancing. Her young age and impressive vocals seemed to excite the crowd. Her

song, "Mr. Prez", had the audience laughing at the embedded sound bites of President Donald Trump saying "I have a great relationship with blacks, I've always had a great relationship with blacks."

Moon Human, formerly known as Rainy Day Splish Splosh Band, played a tight set of post-punk psychedelic rock music. Their intense focus on stage ensured a professional sound as they debuted some of their new music that will come out on their next album, "Flavorfully Blue," which will be released on June 9.

Honcho Poncho, a local American alternative rock band, kept their set happy and full of energy. They played songs from their album "Late Night," as well as some unreleased tracks.

Lead guitarist Owen Proto seemed to wow the crowd with his difficult solos. Their candid laughter and sense of humor made the performance especially entertaining, and lead singer Sam Gelband encouraged students to dunk him in the Seattle U Dance Marathon dunk tank after they finished.

"It was fun to play to [a] nearly horizontal crowd of relax[ed] sunbathers then get dunked in a bucket of water," Gelband said. "A relaxing day in the sun filled with good tunes that we all needed."

Emma Lee Toyoda closed out the Union Green stage with a high energy performance. Toyoda and her bandmates Khyre Matthews and Zeke Bender gave the Seattle U community a taste of what they call "sadgirlrock". Toyoda's unique sweet and deep vocals rang strongly out over the



JESSICA DOMINGO • THE SPECTATOR

SU Battle of the Bands winner Morado performed at the 28th Annual Quadstock.

sound of drums and guitar.

Between each performance, student DJs Marc Gleckman, also known as Lone Human, and Xander Kipp played their own sets of specially curated music. Lone Human also got to promote the release of his latest album "Sanctuary". The relaxed atmosphere of the KXSU stage was frustrating for Kipp.

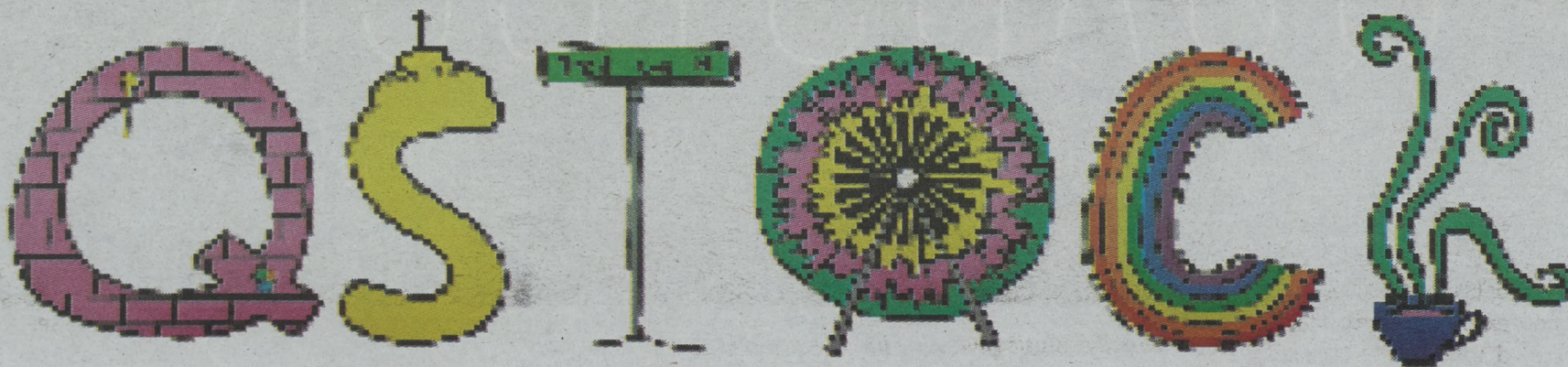
"It was kind of a bummer to perform for such a short amount of time," Kipp said. "Couldn't get much done with my set, and it was definitely strange playing for a bunch of people sitting down. Never had that happen before."

Gleckman echoed the brevity of the performance. "Being on the union green stage was [an] incredibly exciting feeling," he said. "Although my set was short, I was honored to have students appreciate my music.

Events like this inspire me to do more with music and to continue to do what I love."

Student-run promotion tables at the Union Green stage included Students for Disability Justice, Pre-Law Student Association, Helping Hands Homeless Advocacy, Housing and Residence Life, Relay for Life, Graduate Student Council, Women's Rugby, South Asian Student Association, Anarchists at SU and Seattle U Student Alumni Association.

Women's Rugby was giving tackle demonstrations, Housing and Residence Life supplied giant Jenga, Helping Hands Homeless Advocacy was facilitating a homelessness trivia game, the South Asian Student Association was giving students henna tattoos and Students for Disability Justice was running a photo booth for students to complete the



CECI ESTELA • THE SPECTATOR

sentence, "Disabled and ____" or "Ally and proud." There were many different types of food, candy, and swag at each of the tables.

"Quadstock 28 was epic because of all the connections made between the different clubs and different organizations," future 2017-2018 KXSU Business Director Hanea Simpson said.

Sponsor tables at the Union Green stage included Silver Cloud Hotels, CorePower Yoga, goPuff delivery and Livible storage.

KXSU assisted the artists in selling merchandise, in addition to selling their own new t-shirts and giving away buttons and stickers at their prize wheel.

The performances on the Union Green stage concluded with a drawing by KXSU for various prizes including a pair of 3-day tickets to Bumbershoot Music Festival this fall.

After watching the KXSU lineup, students walked over to the Quad to watch the Student Events and Activities, or SEAC, stage. After the cancellation of the headliner, Sean Kingston, admission to see the SEAC lineup was reduced to \$10 and included one entree, one drink, and one dessert. The entree options were: a Byrek from Byrek and Baguette or two street tacos from Korean and Mexican inspired Bomba Fusion.

Assorted soda beverages and cookies from Hello Robin accompanied the entree. The s'mores themed cookie from Hello Robin was especially popular and was the first cookie to run out.

"I think my favorite part about Quadstock was seeing artists that I really enjoy coming to my school and being a part of this community and seeing the community itself receive them in such a wonderful way," Seattle U first-year Griffin Leemon said.

Student DJ Alan Adamian, also known as DJ Naimada, started off the set. As the current music director for KXSU and major EDM fan, DJ Naimada had planned exactly what to play to get the crowd moving. DJ Naimada can also be heard spinning tracks in

Campion basement every Thursday night from 7-8pm on KXSU 102.1 FM.

Seattle U's Battle of the Bands winner Morado had a lot of support from the community. Friends and fans of Morado gathered close to the stage to cheer for each member of the band. They began as a Strokes cover band and now write and perform their own original music. Morado expressed their gratitude between each song for the support of their friends and the opportunity for the experience to perform at Quadstock.

"It felt incredible," said vocalist and guitarist Fred Seymour. "I feel incredibly lucky to be in this band and to have played the same stage as Bibi Bourelly."

Raz Simone, a last minute addition to the lineup, knew how to work a crowd. Raz Simone removed his performance from the stage and got up close and personal with the Seattle U audience. He danced among the students and moved all around the Quad. After he posted videos

and pictures of his performance on Instagram, some controversy spawned from comments that critiqued the dance moves and behavior of several Seattle U students who were featured in the video.

"My favorite part about the main stage was the ongoing interaction between the performers and the crowd," Seattle U Sophomore and future 2017-2018 KXSU General Manager Andrew Reid said, "Raz Simone, for example, utilized the whole Quad as his stage, which made for a very unique experience."

Sam Lachow, who is also a local Seattle rap artist, kept the energy high with his upbeat sound. His style is best compared to that of rappers like Chance the Rapper and Kyle. Lachow has a flavor for unique production and lyrics that relate to the local Seattle audience.

To end the night, Bibi Bourelly lit up the stage with her big hair and big voice. She encouraged the audience to love freely, reminding them that

"young people need to stick together". A young and rising celebrity, Bourelly has been touring with Lil Uzi Vert and has written songs for Rihanna. She sang her own songs, like her hit single Ballin, and also performed a cover of the 2004 song Breathe (2am) by Anna Nalick and encouraged the crowd to sing the chorus. Ending with an encore, her guitarist slammed out a solo before the stage went dark for the evening.

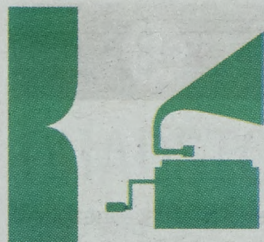
"I loved Bibi Bourelly, she was very real," said Emily Keithahn, sophomore transfer student and Psychology major. "Also I liked the way they laid out the Quad, it was cute. Just being able to relax with lots of the student body was nice since we're all stressed otherwise."

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Bibi Bourelly's music gave some life to the crowd.

JESSICA DOMINGO • THE SPECTATOR



MEETING THE DOGS OF THE UNION GREEN: PAN, KYGO, RUBY & MORE

Anna Kaplan
Staff Writer

The glorious day in which Seattle U opens up the Union Green after a long, wet winter is nearly unforgettable.

The Union Green, known as the Dog Park by most students, becomes a hotspot for students and canines alike once the sun finally shows itself. Dropping by the Dog Park is one of those activities in which you actually get excited about being sunburnt in a matter of minutes, as you're surrounded by plenty of pooches while soaking up the sunshine.

I set out to get to know a few of the Dog Park's frequent non-human visitors, and not only found out which dogs are from Montana and Georgia, but also found a couple of doggos who have more Instagram followers than I do.

Frolicking underneath a picnic bench is where you're most likely to find adopted siblings Stretch and Ruby. Both have a sweet, quiet demeanor, but their owner said that Ruby secretly enjoys digging up worms and eating them.

Stretch

Seven years old

"He's blind now, but he used to be able to disappear for hours," his owner said. "He used to be like a cat, where he would wander for hours at a time and then find his way back home. He followed somebody that wasn't me, thinking it was me, all the way across campus and then they called me. Since then he's been on a shorter leash."

Ruby

Nine years old

"She has such good smell that even if I've taken the cushions off of the couch and she still smells that there's something in the couch, I know there's something in the couch," her owner said. "I eventually find what's in the couch. One of her toys falls in there sometimes, or Stretch eats half of his treat and the other half falls in there..."



Pan (left), Kygo (center) and Ruby (right), who looked up sparingly as she dug for worms.

she digs in it and lets me know it's there. She barks and then digs."

A nearby friend added, "She ate a hole in my bag yesterday because I had treats in my bag!"

Popular pups at the Dog Park are Pan the Australian Shepherd and Helo the Mutt. This will be Helo's fourth summer at the Dog Park, and Pan has been coming since he was just eight weeks old. Their owner, Rob, recounted last summer when crowds of almost 20 people would swarm Pan, who was then just a few months old.

"He was so small sometimes I wouldn't be able to see him," Rob said. "I was worried someone would steal him!"

Pan

One year and four months old

"Pan is from the God of herding and rustic music and chaos," his owner said while laughing. "I got him from a ranch outside of Yellowstone. My thought was, 'Gosh, Helo runs a lot so I've got to get another dog that will tire him out,' cause he was like two years old at the time and he was

very hyperactive. From the first day I got Pan he's been biting his heels the entire time. So I did my job, maybe a little bit too well because Pan drives Helo crazy."

Helo

Will be three years old on May 25 (Happy early birthday Helo!)

"The name Helo is from Battlestar Galatica," his owner told. "He's the only character in the show that stays good throughout the entire show, and he's handsome. I got him from a rescue in northern Georgia, and I think he's a mutt between some sort of hunting hound and then most likely a lab. His hair is a lot different and he does have some markings that are brown by his legs, so I think maybe he's a brown lab mixed with a tall hunting hound."

Last but not least, I ran into a purebred Corgi named Kygo. His owner shared that he's named after the EDM artist, and after some more pestering, I learned that Kygo has an Instagram with over 5,000 followers.

His owner said to follow him. So

if you so choose, you can find him @kygo.thecorgi.

Kygo

10 months old

"I don't know how to describe him," said his owner Ted, "he's just a good boy."

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JESSICA DOMINGO • THE SPECTATOR

everything food

TASTY PLANTS: KIRIROM POP UP DOES NOT DISAPPOINT

Bailee Clark
Staff Writer

When I think of vegan food, the first thing that pops into my head is the sketchy vegan Bistro pizza and the flavorless vegan chicken served at C-Street. I encountered veganism for the first time in my freshman year of college in Seattle, and I was confused by the whole concept. It did not seem possible to create flavorful food without using some deliciously seasoned meats and mounds of cheese.

I guess Seattle has changed me, because I went from being a Nebraska girl who ate meat in every meal to being a pale Seattle vegetarian. I'm still not sold on the idea of vegan food, because cheese is my one true love and I don't know how I would survive without it. One of my friends got me five blocks of cheese for my graduation gift, and I can honestly say that it was one of the best gifts I've ever received.

I was a bit skeptical when I set

out on my mission to review the Cambodian Vegan food pop-up that took place last Sunday, because Seattle U vegan cuisine and my affinity for cheese has taught me to be wary of anything labeled "vegan." Kirirom's vegan Cambodian food pop up, though, would prove me wrong.

I pre-ordered my food for pickup; I decided to try the Lort Cha, which is short rice noodles in dark soy with tofu, fresh bean sprouts and chive, and then for dessert I got Jaek Chien, which is a fried banana with coconut ice cream.

It was about 8:30 p.m. when I set out on my Uber journey to the Taproot Café and Bar. The café is about four miles south of campus in Columbia City, and my Uber driver told me not to walk around in this neighborhood alone when it's late because there had been shootings in the past few days and the area was known to be violent. How reassuring.

After passing by a plethora of abandoned buildings and dark alleys, we finally got to the café. I walked

up to the bar and told them I had a pickup for Bailee. They told me they were just wrapping up my order and invited me to sit down and handed me some water because "hydration is important." After about 10 minutes they brought my food out, and I paid for it, got an Uber back to my dorm,

definitely be there. Some of the other items on the menu look pretty interesting; like the Amok, which is Tempeh, shiitake mushroom, pepper and sweet peas in curry in a steamed banana leaf served with jasmine rice.

Kirirom's Cambodian pop up gave me a newfound hope for the

"KIRIROM'S CAMBODIAN POP UP GAVE ME NEWFOUND HOPE FOR THE WORLD OF VEGAN CUISINE."

and hoped it was worth the \$16 for the ride and \$27 for the meal.

When I returned to my room, I opened the takeout containers and started to voraciously devour my vegan feast. I was pleasantly surprised to find out that the noodle dish had a really nice flavor; the noodles were a perfect consistency and there was just the right amount of tofu, bean sprouts and chives.

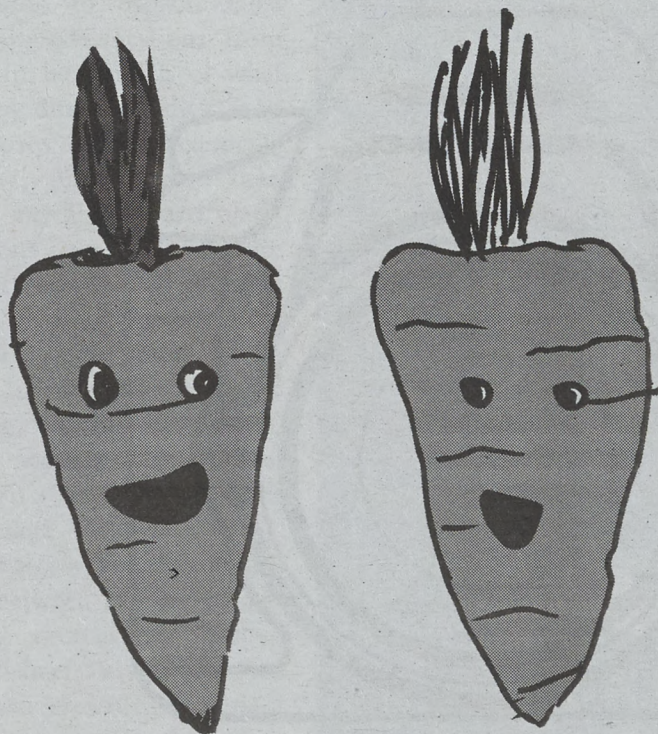
I would definitely recommend this dish to anyone who likes rice noodle dishes that aren't too spicy. Personally I like my food to make my mouth feel like it is on fire, so I doused the noodles in Sriracha and Tapatio and it was perfect.

I moved on to the fried banana and coconut ice cream, intrigued by the idea of a fried fruit. I have to say that I was a bit disappointed by the dessert; the fried banana just tasted like a less flavorful version of banana bread. It wasn't bad, just a bit bland for my taste. The coconut ice cream was really good; it was creamy and tasted like fresh coconut. While the ice cream was good, I don't think it justified the \$7 for the dessert.

Overall, my stomach and I were pleased with the meal. I'm not sure if I would go back again considering the price of the venture, but if the vegan Cambodian pop up happened again and it was closer to me, I would

world of vegan cuisine and inspired me to seek out more vegan food in the future; some dishes made with purely plant-based ingredients are truly delicious and also kind for our animal friends. Maybe being vegan wouldn't be so bad after all.

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BFA PHOTOGRAPHY EXHIBITION IS A POWERFUL SENIOR SENDOFF

Carlos Cervantes
Staff Writer

If you had one chance to represent a year's worth of work and leave your final mark on Seattle University, how would you do it? What type of project could encapsulate all your experiences and the lessons you learned from them? This was the central question that guided the Bachelor of Fine Arts (BFA) Photography Exhibition, a swan song project for seniors in the photography department.

As soon as one steps foot in the Fine Arts Building's Vachon Gallery, they are met with what is perhaps the most pervasive theme of the exhibit: the idea that people on the same path can arrive at very different destinations.

All the students on display come from similar disciplines, attend the same school and have learned under the same professors, yet the works they produced would certainly not suggest this. Each of the eight student projects has a high degree of individuality, from minute details like their choice in framing to much larger elements like the themes that are conveyed in their photographs. The submissions all have their own unique story to tell and convey very different circumstances and lived experiences.

"There were so many factors to take into consideration such as time management, and the space I had to work with," said Paulo Gonzales, one of the students presented in the gallery "Our graduating class were all helpful to each other, and I'm grateful for having them around during the process."

Gonzales' exhibit, titled "A Nice Place to Live", focused on presenting gentrification and its influence on the Seattle neighborhoods he grew up with. The photographs selected for his collection had an effective balance of vibrant colors and bright labels, contrasted with raw, visceral materials like mixed cement and nails used in construction. The cobbled-together aesthetic was meant to evoke the irrationality of Seattle's current situation, while

several of the photographed objects are meant as references to Gonzales' Latin-American heritage. Another unique trait about this collection was the physical component that accompanied his images; along with the photographs, Gonzales' exhibit also included a wood palette adorned with a variety of objects. This addition felt like an image escaped from the frame and was emblematic of the outside-the-box thinking that went into all the student projects.

Experimental projects like this were not only allowed by the photography department, but encouraged. The BFA Photography Exhibition was intended as an opportunity to show the show the seniors' preparedness for the professional world and their ability to stand out. Elisa Pickett, who ventured into the territory of video for her gallery submission, credits her professors for giving her the initial push.

"Producing my video installation was one of the hardest things I've ever done but it was more than worth it," Pickett said "The two photography professors, Wynne Greenwood and Claire Garoutte, really pushed me to

grow as an artist by emboldening me to try new things and encouraging me to never stop reevaluating and building on my ideas."

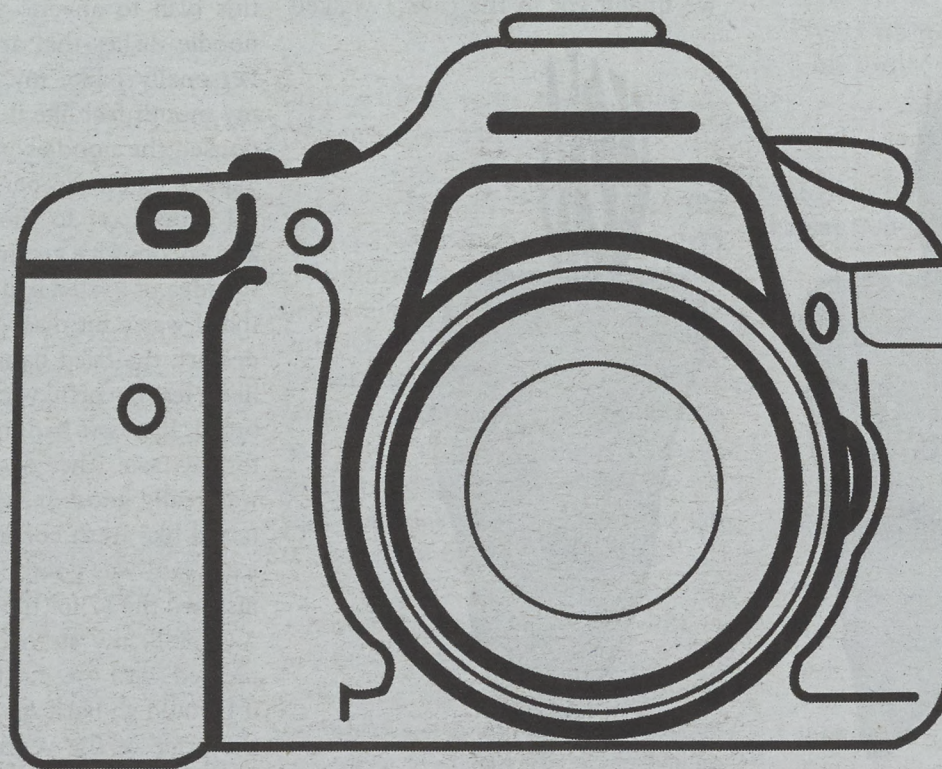
This final project was not only intended as an opportunity for seniors to put together all their skills and resources, but also to reflect on how they came to acquire them. Though the gallery communicates a forward-thinking intent, displaying the seniors' first works as emerging photographers, it also seems to look back on the past. Nowhere is this more apparent than in the opening reception, in which the students were recognized by the instructors, friends and community members that helped them reach this final destination. In this space, they were not only able to recollect how they reached their finished product, but also how different their work was from when they started. Though vastly different in presentation and content, each exhibit serves as a sort of memento, both for the graduating seniors and the community that presided over their growth.

"As I approach graduation, I'm reflecting on the support given by the professors within the photograph

department and everyone at Photographic Center Northwest," said Jennifer Bacon, another student featured in the gallery "Without this community I would not have been able to produce and achieve this level of quality in the work presented here."

The BFA Photography Exhibition is publicly available during the Fine Arts Building's hours of operation and will be on display until Friday, June 9.

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CRITIC'S CORNER: "ALIEN: COVENANT" DELIVERS ON SUSPENSE

Jordan Kenison
Volunteer Writer

The original "Alien" film was a sci-fi and horror staple that has remained in popular culture for several subsequent decades. Despite of the commercial and critical success of the first two films, the franchise has experienced its fair share of failures, as "Alien 3" and "Alien: Resurrection" both suffered from over-involvement on the part of Twentieth Century Fox. "Prometheus," director Ridley Scott's prequel to his original 1979 hit, was advertised as a film that would incorporate elements of the original film and reveal the origin of the xenomorphs, specifically where they came from, who created them and for what purpose. However, in spite of delivering scattered hints and clues the film ended on a cliffhanger that left audiences even more confused. "Alien: Covenant" is the highly awaited sequel that serves to bridge the gap between Prometheus and the original "Alien" films. But does this follow up actually tie up loose ends from Prometheus or does it too leave more to be desired?

Although "Alien: Covenant" reveals new information about the creation of the alien species, it fails to utilize said information to explain most of the unanswered questions from Prometheus. In fact, much of what is presented by director Ridley Scott retreads scenarios and story elements from previous films rather than introducing anything particularly original. Anyone going into this film with the expectation that all lingering questions will finally be answered is sure to leave the theater disappointed. However, the ideas that the film does present, along with its strong cast, action and stunning production design makes it a worthwhile chapter in the "Alien" saga.

The film explores the paradoxical relationship between life and death, creation and destruction. Walter, played by Michael Fassbender, is a cyborg aboard the crew of the Covenant who begins to question his place amongst his human counterparts.

Although, he is, for all intents and purposes just as intellectually capable as a human, he is treated as a machine that is devoid of true consciousness and supposedly incapable of feeling real emotions. It is not long before he meets David also played by Michael Fassbender, the cyborg who escaped planet LV-223 with Elizabeth Shaw at the end of "Prometheus," who is also struggling to rationalize his existence. Unlike Walter, who sees the value in humanity, David has grown to hate his creators. His crew's misguided attempts to eclipse the engineers and understand the mysteries of the universe have only confirmed the incredible lengths of human ignorance. Playing off of this idea, the crew in this film believes that they have found the perfect planet to create a utopia when in actuality they have unknowingly exposed themselves to the most dangerous creatures in the universe.

Although the casts of horror films generally tend to be rather lackluster, most of the actors that make up the "Covenant"'s crew were generally likable and gave solid performances.

The obvious standout is Michael Fassbender's characters. He gives a fantastic performance and steals every scene he's in. Katherine Waterston plays Daniels, the protagonist who can easily be compared to Sigourney Weaver's Ripley from the earlier films. She gives a very grim performance and has a commanding on screen presence even though she is overshadowed by Fassbender at times. Danny McBride delivers a very good performance that diverts completely from his usual roles as characters that solely provides comic relief. Instead, he delivers a very understated yet charismatic performance as Tennessee, the "Covenant's" pilot.

Sometimes old dogs are capable of new tricks; "Alien: Covenant" incorporates many of the series' most tried-and-true tropes and delivers suspenseful and gory horror that the franchise is known for. Sure, it's nothing new to see aliens decimating victims on a spaceship, but this film deserves credit for its ability to recapture the eerie mood of the earlier installments. Cramped interiors and monolithic backdrops highlight

the film's illustrious production and set design, adding an overall sense authenticity to some of the film's most suspenseful sequences. Still, it must be noted that the film suffers from what I like to call "sequel-bait syndrome," as it again leaves fans with little clarity and an abundance of questions that will likely (or at least hopefully) be answered in the impending sequel.

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VIA TWENTIETH CENTURY FOX

POCKET POINTS HELPS YOUR GRADES AND YOUR WALLET

Carlos Cervantes
Staff Writer

What if I said that you and other students could literally earn money by downloading an app and then letting it sit there? Pretty cool, right? What if I said that you could develop better study habits and be more focused in your everyday life, also without any work? Well, then you would understandably start having some doubts. This isn't the basis of some scam, but rather the model for Pocket Points, a trending new app meant to improve the life of students.

"Earn more for doing less" is the mantra of this emerging utility, which offers rewards for staying off your phone in class. Pocket Points uses GPS to know when students are on campus and just requires booting up the app and then locking one's phone. From there, users are able to earn points based on the amount of time they stay separated from their devices, points which can be spent on a number of free and discounted items.

The app is partnered with local businesses and large chains such as Buffalo Wild Wings, Jersey Mikes and Jamba Juice, with more to come in the future. The options available for your hard-earned points aren't only limited

to food, or even your immediate area; Pocket Points is also connected to several online stores where you can also make purchases. Whether it's something small like free shipping on an order or saving up for a whole free meal, the app provides a wide range of outlets and reward tiers for different types of users and lifestyles.

"I think it could really give an incentive to people who need it and really want something to motivate themselves" said David Deans, a first-year pre-business major.

The vision for this project came from two undergraduate students at Chico State University. Computer science major Rob Richardson was responsible for developing the app, while marketing major Mitch Gardner got the word out and found companies to team up with. Richardson claims the idea began in 2014, as he sat in a lecture hall where most the students were tuned out on their phones. He thought up an incentive for his peers to be more focused and about a year later, Pocket Points was born.

The app began with a few thousand downloads exclusively on their campus, but quickly expanded through word of mouth. Within less than a year, the platform had over 200,000 registered users from more

than 100 schools across the country and was positioned to expand into Canada as well.

"It seems like a really effective tool because it rewards you for something you want to be doing anyways. You don't have to go out of your way to be earning points and it's something you can feel good about afterwards," said Nicole Sis, a first-year biochemistry major.

Though Pocket Points has gone down as a success story both for students and by students, it is not without its share of shortcomings. Given the fact that it accumulates points as long as a device is on campus, there is no real way of knowing if students are actually attending class.

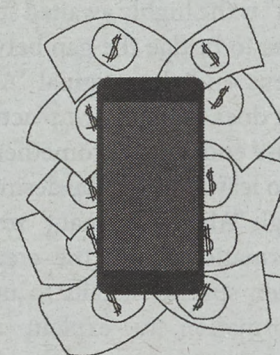
While this element does incentivize student involvement and on-campus events, it also means that users can be rewarded simply for being in their dorm rooms. Additionally, while Pocket Points does monitor phone activity, it does not have any knowledge of students' other devices, a concern which Gardner has voiced. In other words, users can still waste time on their laptop or tablet and earn points as a result, going against the original intent of the app.

"These types of apps are increasing in popularity and I'm sure we'll see more

and more student and user-centered apps like these," said Tyler Yamashiro, sophomore computer science major. "Whether or not they really work depends on the person, and I'm not sure of the overall effectiveness of these type of apps."

Though several schools in the U.S. and Canada are supported under Pocket Points, Seattle University is not yet one of them. This is by no means a permanent reality and is in fact something that can be changed by student action. By downloading the app and putting in a request for Seattle U, students can speed up the process of becoming one of their schools and get their rewards even sooner. Pocket Points is free for download and can be accessed on the App Store and Android Marketplace.

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CECI ESTELA • THE SPECTATOR

THIS WEEK IN ART...

WEDNESDAY

WHAT: NIGHT FOR NW
IMMIGRANT RIGHTS PROJECT
WHERE: VARIOUS LOCATIONS

24

THURSDAY

WHAT: CANNABIS
CONCENTRATES
WHEN: 7 PM
WHERE: VELA

25

SUNDAY

WHAT: THE CURRENT MOMENT
WTF TRUMP??!!??
WHEN: 7:30 PM
WHERE: UNION BAR

28

FRIDAY

WHAT: MARCUS
HARRISON GREEN
WHEN: 5:30 PM
WHERE: TOWN HALL

26

MONDAY

WHAT: \$10 PIZZA MONDAYS
WHEN: 5 PM
WHERE: CAFE LAGO

29

SATURDAY

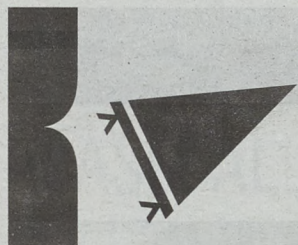
WHAT: LATINX QUEER
BRUNCH/ ALMUERZO
WHEN: 12 PM
WHERE: MONTIS GRILL

27

TUESDAY

WHAT: BEARAOKE
WHEN: 8 PM
WHERE: CUFF COMPLEX

30



TIME OUT SESSION: TRACK AND FIELD COACH TRISHA STEIDL

Michelle Newblom
Staff Writer

MN: What are your thoughts on the season as a whole?

TS: Overall, positive. I think we're going in the right direction, we keep building off the year before, especially mentality wise which is something we've been focusing on the past few years, even more specifically than we had before. I'm seeing a really good change in focus, attention to details, more ownership of individual's roles and what that means for the team and what that means for the program.

MN: Is there any certain meet or race that stood out to you this year?

TS: No, but probably because interspersed through indoor and outdoor we had some really good meets. For cross country, we hosted so that was very cool. Lila Rice winning the championship individually was also great. Indoor we had a lot of great performances at conference, outdoor we had a lot of great performances at conference. But along the way there were a lot of really great things that happened too. The beginning of any season is not usually a highlight, we're trying to get the team prepared for the last third of the season to really get after it. I feel like the team did a good job of that each season, which is why I can't really pinpoint one thing, but it's exciting for me that we were able to do that each season.

MN: What were your thoughts on the team's performance at outdoor conference?

TS: The team collected a lot of medals. I still haven't looked to see how the team did this year versus last year. I think it's more, overall point scoring seemed to be spread out amongst more people. The women's team did a really good job, they scored quite a few points, they had a lot of people spread out in earning those points.

The men's team is definitely a growing team; we don't have many seniors. We have a little work to do there, I think that what I saw at conference was still good. It wasn't for lack of heart or lack of effort or anything like that. We can look at most situations and say, "okay I know why this happened." It just comes down to individual stuff.

MN: Is there anything you wish had gone differently?

TS: I mean I would love if it wasn't in the 90's, things I can't control. I wish everybody was able to compete to the best of their ability and make everything happen on the day. The overall attitude and effort was good so I'm pretty pleased with that aspect of it.

MN: Following up on that, how do you think heat affected performances?

TS: It was hot. It definitely had an impact. I do feel like the team did a really good job of staying out of the sun and staying hydrated, not putting themselves in situations where it was going to negatively impact them more than they had to. I think they did a really good job with all of that, I was impressed with how people took that very seriously. It certainly impacts everybody, but it impacts everybody differently. They did a good job of working with it.

MN: Are there any athletes that exceeded your expectations or had a stand-out performance at conference?

TS: I mean I have high expectations for them, that's my job. I didn't expect Abby Wachter to get second, that was awesome. She raced so fierce and so strong, you could tell she wanted it and was ready to go. Moira O'Connor Lenth being second in the 5K, that was her top finish at conference ever. I knew she could do well but knowing what's possible and actually making it happen aren't always the same thing. Siobhan Rubio as a freshman getting

third in the 800 meter, I knew she could do that and I knew she could be in the top three because she was fourth at indoor conference. She really stepped up, but I wasn't really surprised because I thought she could get top three, but it was still really awesome to see a freshman be in the top three.

MN: What are your goals for next year?

TS: To do better. To build off this and get more people scoring, more people medaling. We'll be back in Kansas so we'll be more familiar with the whole set up there and everything. I think that will be nice mentality wise, hopefully being familiar and not as hot

as it was this year. My hope is always to learn from what happened the year before, good or bad. If something great happened, how did you make that happen? Or, even if that happened to a teammate, how did they make that happen and how can you learn from that and grow from that and take that forward for yourself. If something didn't go well, I think to a certain point it's important to take ownership of that. We're going to educate on that stuff and learn from past experiences, more continual growing and learning.

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PHOTO VIA SEATTLE U ATHLETICS

Seattle U Track and Field coach, Trisha Steidl.

SOUNDERS DEFEAT SALT LAKE

Willy Goldstein
Sports & Opinion Editor

Coming off of three straight losses, the Seattle Sounders finally pulled out a win against Real Salt Lake, defeating them 1-0.

The Sounders were outscored 7-1 in the previous two games, losing 4-1 to Chicago and 3-0 to Kansas City. These games were huge blows to a Sounders team that has not looked much like the team that won a championship just a year ago. There is still a lot of the season to be played, but the Sounders currently sit at eighth place in the Western Conference, with a lot of ground to make up.

The win on Saturday was their first in almost a month. It was the type of win that can help salvage a season before it becomes completely lost. They had a similar situation last year, turning around their team after a poor start to win the MLS Cup. They

have a record of 3-5-4 and have scored just two goals in the last four games.

Their game against Salt Lake was going as most games have this season for Seattle. They did a good job with possession of the ball, but had nothing to show for it, constantly missing on their shots. They finally broke through when midfielder Harry Shipp knocked in a deflected goal in the 42nd minute that would prove to be the game winner.

"[The goal] was important for us to turn momentum in the locker room," Shipp told reporters after the game. "I think it's easy to sulk when things keep going against you and you're not putting enough chances and everything. So, I think for us, to get three points, even though we didn't play perfectly, going into this Portland game next week—it's a big mental lift for us."

"The 1-0 victory might not seem like a massive step, but I think deep down



EMILY MOZZONE • THE SPECTATOR

inside, they're going to say 'We've got this, now let's build on this,'" Head Coach Brian Schmetzer said.

A big issue with the team thus far has been the lack of production from Jordan Morris and Clint Dempsey, who were supposed to form one of the best attacking pairs in the league.

"[Morris playing well] changes everything," Sounders right back

Brad Evans said. "It allows us to drop balls in behind and turn everybody around. That means they're running at their goal and so are we. It's an advantageous position for everybody on our team."

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WARRIORS AND CAVALIERS ON A COLLISION COURSE

Willy Goldstein
Sports & Opinion Editor

As the NBA Playoffs continue, the end of the season is within sight. The prediction of who would be in the Finals from each conference is looking like it will be what most writers predicted way back in October: the Golden State Warriors from the west and the Cleveland Cavaliers from the east.

The Warriors have rolled through the playoffs, having yet to lose a game. They swept the Trailblazers and the Jazz and have won three games against the Spurs so far. The Spurs and their genius coach Gregg Popovich were thought to stand a better challenge than the previous two teams, but MVP candidate Kawhi Leonard went down with an ankle injury in game one and hasn't played since. When Leonard went out, the Spurs were up by 20 points, and they have only led for a handful of minutes since. Leonard is a game changing player, and his defense

was single handedly shutting down the Warriors. But the Spurs haven't stood much of a chance without him.

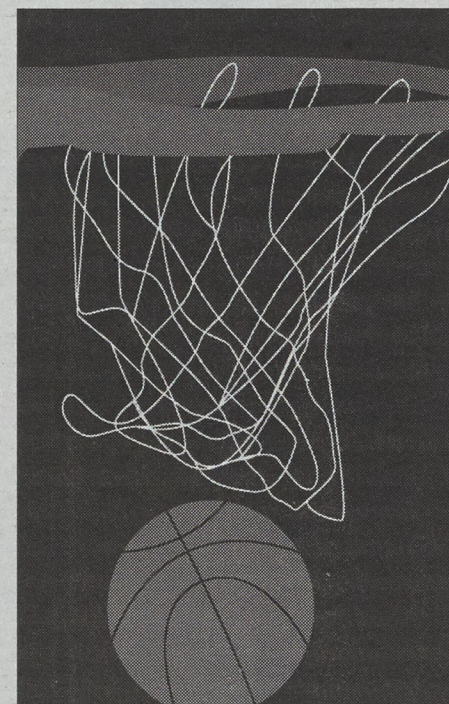
Stephen Curry has been having a resurgent postseason. His numbers dropped off a bit during the regular season with the arrival of Kevin Durant, an extra scoring presence on the team. Curry is averaging 28 points, five rebounds, five assists and two steals. He has shown a lot of professionalism with Durant coming in and taking touches away, and still being able to step up when Durant went down with an injury.

The Cavaliers had been having just as good of a postseason until their game three loss to Boston. They too had won their first 10 games until they blew a 20 point lead to the Celtics. They were able to turn the tables on the Celtics and take a 3-1 series lead when they staged a comeback of their own. The Cavs shot 70 percent in the second half and Kyrie Irving scored 42 points to lead the way. LeBron James has been having a historic playoffs, but

had one of his first games on Sunday as he disappeared, not scoring any points in the final 16 minutes of the game. He is averaging 32 points, eight rebounds, seven assists, two steals and a block per game, while shooting over 50 percent from the field and over 40 percent from three. Not usually known as a shooter, LeBron has taken one of his biggest weaknesses and turned it into a strength.

More likely than not, the Cavs and Warriors are on a collision course for their third straight NBA Finals matchup. This would be the so called rubber match since each have won once in the past two years. Golden State has the advantage with Durant now on their team, but LeBron won't go down without a fight.

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MANDY RUSCH • THE SPECTATOR

BASEBALL HEADED TO ARIZONA FOR WAC TOURNAMENT

Tess Owen
Staff Writer

This weekend hurled the Redhawks Baseball program (19-33-1, 8-16 WAC) into the Western Athletic Conference tournament after losing a series against Utah valley (18-34, 11-13 WAC). Although Seattle U ultimately lost to the Wolverines, losses by University of Texas Rio Grande Valley and Chicago State propelled the Redhawks out of their regular season and into the fight for the WAC Championship.

Seattle U started the weekend off on a high note with a 4-1 win against Utah Valley on Thursday at Bannerwood Park in Bellevue. The Redhawks started strong in the game with 2 runs in the first inning and continued making runs into the fourth inning, with the Wolverines gaining only a single run in the fifth inning. Senior Aaron Stroosma went

3-3, collecting three of the Redhawks four hits on the day. Stroosma was also named to the Second Team All-Conference on Tuesday.

The Redhawks suffered losses on both days after their first win, losing 3-2 on Friday and 8-5 on Saturday.

Friday was Senior Day for the Seattle U men's Baseball team, and a group of graduating seniors were honored before the game. Griffin Andreychuk, Connor Moore, Aaron Stroosma and Student Assistant Coach Nelson Taylor were all honored.

On Friday, Seattle U started strong with 2 runs in the first inning. They kept their lead until the third inning, when Utah Valley tied up the game with 2 runs. The Redhawks were able to keep the tie going until the tenth inning, when Utah Valley hit what would be the game winning home run and Seattle U failed to follow with a run. Andreychuk also earned the record of all-time hit leader for the

Redhawks, collecting hit number 213 with a single in the first inning.

"What an accomplishment," said Head Coach Donny Harrel. "I thought Brian Olson was the best hitter we've had here, but [Griffin] has been grinding it out for four years now. He has been a catalyst for us since he's been here and his work ethic is fantastic. He is a Redhawk for life, one of the best we have had, and it is a great compliment to him for getting that record."

On Saturday, the Redhawks needed a win but couldn't pull it out, getting help from some other teams in the conference to make it into the conference tournament as the six-seed. After going up 4-0, their offense fell flat and the pitching staff couldn't hold on to the lead.

"We have to look in the mirror," Harrel said. "We aren't seizing moments as they are available. But, we could be in Corvallis two weeks from now in a regional if we can get our act

together. The bottom line is we get a chance to play a little longer. A new season starts Wednesday."

Harrel wasn't pleased with his team's performance, but they still made the tournament. They travel to Mesa, AZ to take on Sacramento State at 7 p.m. in the first round of the tournament. A win would send them to face conference leader New Mexico State and a loss would put them in the losers bracket, with a chance to play back around in the double-elimination style tournament.

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MEN'S GOLD PARTICIPATES IN FIRST NCAA TOURNEY IN 50 YEARS

Yesenia Varela
Staff Writer

Seattle University men's golf on Monday, May 15 made an appearance in the NCAA Regional Tournament at Aldarra Gold Club in Sammamish, Wash. where they finished 12th. The tournament lasted until Wednesday. It was their first time in the NCAA Tournament in over 50 years.

"I'm extremely proud of this team and I will forever be thankful to the graduating seniors for their efforts in helping us raise the bar in regard to what's expected, which is more trips to the NCAA's," said Head Coach Marc Chandonnet at an interview with Seattle U Athletic Department. "It was exciting to see Joe Harvie hitting great shots again. He was playing with some confidence and I hadn't seen that from him in a while which is encouraging, he's a phenomenal young man and player."

The Redhawks struggled out of the gate but a few student-athletes took

on the spotlight. Joe Harvie, a junior for the team, completed a final round, one-under-par 70, this final round placed him in a tie for 17th. Patrick Sato, a senior who played his final year at Seattle University, placed for 51st overall at 15 over 228, a tie.

"I can't say enough about Zack Overstreet and the year he has had," Chandonnet said. "He has single-handedly helped take our team to new heights and I know that he and Joe will continue to push each other to even higher levels next year. Zack has been everything I ever imagined he would be and more."

Overstreet placed 61st overall, hitting a 17-over 230.

In a ranking using the Golfweek and Sagarin rankings, Golfweek compared the performance of all NCAA Division I teams during the fall season and spring season. According to this ranking, Seattle University has made the most improvement. Fall season the Redhawks were ranked 156, come Spring they were ranked 77. This 79 team ranking movement,

at the top of the ranking list, gained Seattle University some spotlight on Golfweek. Other teams, like Michigan State and San Diego State, dropped down rankings. Michigan State University dropped down 93 rankings, 29 in the Fall and 12 in the Spring season.

Last time Seattle U played in the NCAA tournament was in 1965, 52 years ago. Although the team accomplished getting to the tournament, once there, they struggled to compete with others who have been in this position several years. During opening matches on Monday, Seattle University lowered their score. USC, Kent State, Florida State, Alabama and Penn State all advanced to the NCAA Championship.

The matches were scheduled to take place on Monday and Tuesday beginning at 8 a.m. and on Wednesday at 7:30 a.m. The teams will play for 18 holes for each of the three days.

Overall, this season has been a successful one for the Redhawks. A win in the Western Athletic

Conference (WAC) championship in Arizona was good experience for the team.

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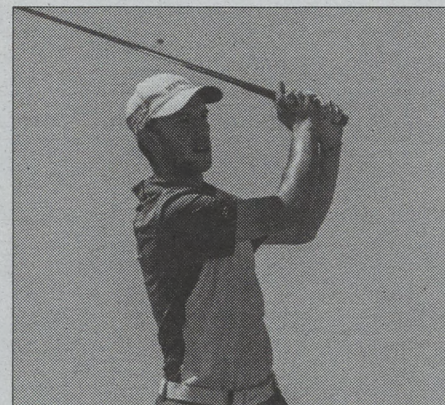


PHOTO VIA SEATTLE U ATHLETICS
Joe Harvie watches his shot.



OBAMA'S SPEECH FEE

The Democratic Party is severely out of touch with its' base, and the party's leadership continues to widen this gap through both their personal and policy decisions. The Spectator recently published an editorial which discussed the recent announcement that former President Barack Obama will be receiving \$400,000 from Wall Street giant, Cantor Fitzgerald, for a speech in September. I thought I would take it upon myself to provide some counterpoints to that article.

Firstly, I would assert that Obama is indeed a hypocrite, not only with his stance on Wall Street, but in a variety of other policy areas. He promised to take on Wall Street but refused to prosecute anyone responsible for the 2008 market crash. He promised to close Guantanamo Bay, and it remains open. He promised to scale back war in the Middle East and ended up turning two conflicts into seven. He promised to "stand up for the little guy" while trying to cut both Social Security and Medicare. If Obama was truly a president who sought to advocate for the poor and disenfranchised, he wouldn't have sent police to crack skulls at Occupy Wall Street, he would have stepped in at Standing Rock and he would have done more in response to the absurd levels of police violence in our country.

However, none of that happened. Do you want to know why? Because he, much like the rest of the Democratic Party leadership, lives an ultra-rich lifestyle that is detached from the struggles of the Americans they claim to represent. I'm not saying that presidents need to take a vow of poverty during or after office, but you cannot deny that this has a detrimental effect on the ability of our elected representatives' to relate with their constituents. We saw this disconnect play out in the 2016 race, and we can see it playing out in the party right now. Establishment/corporate interests rarely coincide with the interests of the democratic base, or the left in general.

Despite the fact that this is an existential problem for the party, the establishment refuses to change course. By taking that speaking fee, Obama is perpetuating the stigma that is killing the Democratic Party. Obama may be out of office, he may not be the first president to receive speaking fees, and he certainly won't be the last. This absolutely does not mean that we should be any less critical or cut any slack. Big money interests are killing our politics. Don't just take it from me, take it from him: "Special interests dominate the debates in Washington in ways that don't match up with what the broad majority of Americans feel", Obama said during a speech last April. He was infinitely better than the president we have now, but we won't see change until we hold our leader's feet to the flames.

—**Lukas Kret**, *Junior, Political Science major, Spanish minor*

NO PARENTS, NO PROBLEM

Have you tired from seeing those mother's day posts? Do you find yourself rolling your eyes at every father's day BBQ ad? Well keep those eyes still and relax, because this is the post for you. For the one's that don't yet understand, let me break it down. Not all have the two for one deal. Some were born this way, others lost it along the way. So in light of recent holidays, here is a quick guide into making those days your day.

Tidbit 1: LOOK AT ALL THE MONEY.

That's right folx. For those skipping father's day this year, think of all that green you save up. Instead of buying the stereotypical George Foreman grill, you can use those George Washington's to cash in on that sweet sweater deal available only at Goodwill. Who knew not having a dad could be so fashionable!

Tidbit 2: Treat Yo self.

Missing out on mother's day brunch yet again? Don't fret about it! There's nothing better than taking yourself out for that morning mimosa. Better yet, if you have a sibling, share the moment with them! Orange juice and champagne has never tasted better than with a blood relative.

Tidbit 3: Convince a friend's family to adopt you for a day.

You heard me. Tag along on your friend's celebration if you feel so inclined. As an expert in this field, I have had many opportunities to celebrate with the parents of those I am close with. They not only appreciate it, but your friend will be also grateful for the help! Make sure to hand over the adoption papers though at the right time. Always before gravy but after the wine.

Tidbit 4: Simply don't give a damn.

Sometimes flying the bird and putting on your shades is the best option. Need I further explain?

With all humor aside, the absence of one's parent(s) is never an easy feat. Some days you are on top the world. Others you are scraping the bottom of the bucket. Frustration, hatred, confusion, bitterness. Even as the world spins, yours remains still. It's one rollercoaster that never ends, and between you and me, one I wish I could get off of.

Even in the unfair reality that this is, it's one that some not only need, but must learn to live with. Shit happens. There is no escape from that. But don't forget, even when you feel you have nothing, there's something. I may not have my dad, but I have the memories of him. The tiniest things that make me, me, are what will always connect us. And even if you don't have that, think of what you do. From friends to the neighborhood pet, a reason to laugh and love always exists.

It sucks and will always suck. So as these holidays come and go this year, remember that you are not alone. We may be a community of trainwrecks and disasters, but we're a community nonetheless. Hurt if you need to. Laugh if you'd like. We understand, and always will.

Your inadequate misfit,

—**Shelby Barnes**, *A&E Editor*

DEAR PAPA JON...

by Jon Cantalini



Q: *I am starting to stress out about finals... I feel like November has gone by so quickly, what do I do?*

A: Hello Classic SU Student,
I feel the same exact way. This quarter has really been on turbo drive ever since it started. I suggest you start preparing for finals now, then you won't feel as stressed when finals week is upon us. Also, when I'm feeling stressed I always like to go and get some comfort food. That waffle and chicken place on 13th and Jefferson is bomb, I suggest it.
Your fellow stressed out student,
Papa Jon

Q: *I live off campus and I don't know how to stay warm... I tried to convince my roommates to turn on the heat but they don't want to pay for it. How do I stay warm?*

A: Hello my Chilly Friend,
Oh my gosh, paying for heating is SO expensive. The way I am getting through this cold patch is by wrapping myself in some big blankets and pulling out my warmest socks. Also, the heat at school is included in your tuition (thanks Seattle U). So go hang out in the library or the student center where you can enjoy the heat and watch some Netflix!
Burrrrrr its cold in here,
Papa Jon

Q: *What is Cuffing?*

A: Hello, are you thirsty?
I just found out today that cuffing is when people try and find their bae to cuddle up with for the cold months! So, that means you better watch out for those thirsty classmates who might be on the prowl for someone warm to spend their time with. The cold months are coming, we all better be prepared.
Want to be my boo?
Papa Jon

To submit a question, go to <http://ask.fm/DearPapaJon>. I can't wait to hear from you all!! Love, Papa Jon

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